

## Sailor finds message in a bottle

Story and photos by MC1 Jay C. Pugh

An unexpected treasure was found underneath the sizzling sun on the beaches of the Pacific Missile Range Facility (PMRF) today. The treasure was discovered by Petty Officer Jon Moore during PMRF's participation in the Ocean Conservancy's International Coastal Cleanup Day. What Moore found was a literal message-in-a-bottle among a collection of ocean debris picked up on a one mile stretch of the base's coastline.

More than 40 personnel from PMRF teamed up with 16 students and faculty from Ke Kula Ni'ihau O Kekaha School in observance of International Coastal Cleanup Day.

According to the Ocean Conservancy's website, over the past 25 years the International Coastal Cleanup has become the world's largest volunteer effort for ocean health. Nearly nine million volunteers from 152 countries and locations have cleaned 145 million pounds of trash from the shores of lakes, streams, rivers, and the ocean on just one day each year.

During this amazing signature event each September, hundreds of thousands of volunteers from countries all over the world spend a day picking up everything from cigarette butts and food wrappers to lost fishing nets and major appliances. But on



*EM2 Jon Moore removes a message from a bottle sent from Kagoshima, Japan more than five years ago.*

this day Moore found a bottle that wasn't just your average rubbish.

The bottle was sent from young Saki Arikawa -- a sixth grade student at the time -- in Kagoshima, Japan and traveled more than 4,000 miles and five years before it was discovered on the Westside

of Kauai.

The bottle contained a letter, four origami flowers and a photo of Arikawa's sixth grade class.

"I looked over and saw the bottle. I jokingly thought it would

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## Commanding Officer's Hot Line: Ext. 4435

You can call the Captain with your question/concern too. Dial 335-4435 any time, seven days a week! The purpose of the hotline (record-a-phone) is to provide all PMRF military members, families, civil service and contractor employees the opportunity to communicate directly with the CO. Some suggestions are:

- Safety suggestions/violations/unsafe practices, ideas to improve safety and promote safety awareness.
- Ways to improve morale, working or living conditions.
- Suggestions on how to save taxpayer dollars, cut costs, save energy, reduce labor manhours, etc.
- Security violations and/or recommendations for strengthening physical security and safeguarding classified information.
- Any positive things (events, programs, policies, benefits, etc.) that you feel are particularly good.
- Any negative things you feel should have the CO's attention.
- Suggestions for improving disaster preparedness (tsunamis, hurricanes, fires, etc.)

You need not identify yourself to leave a message, but if you would like a staffed response, please do so. If reporting a problem, please try to recommend a workable solution. Some of the questions or problems reported will be answered in the Within Range.

A good point of contact for issues involving Navy families is the PMRF Ombudsman, Dawn Gregg who can be reached at: Cell 635-5364 or email at [pmrfoambudsman@yahoo.com](mailto:pmrfoambudsman@yahoo.com).



U.S. Navy photos by MC1 Jay C. Pugh

***“Sand Bowl 2011 - In the first ever meeting between Texas and Ke Kula Ni'ihau O Kekaha, EN2 Juan Rodriguez avoids a sack while keeping his balance and adds a spin move for good measure.”***

***The football turned out to be a buoy picked up during PMRF's beach cleanup held Sept. 15.***

*Within Range* is published bi-weekly by the Pacific Missile Range Facility Public Affairs Office. Questions, concerns and comments can be directed to the Editor at [tom.clements@navy.mil](mailto:tom.clements@navy.mil) or [jay.pugh@navy.mil](mailto:jay.pugh@navy.mil).

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**BOTTLE, Contd. from Page 1**

have a treasure map inside, but it actually had a message," said Moore.

When Moore found the bottle, all the volunteers wanted to know what was inside.

"When I started reading the letter, the Kanji looked familiar since I used to live in Japan and the name of the student sounded like an average Japanese name to me. I was just glad the letter was in English at the bottom," stated Moore.

The letter was dated March 25, 2006, as an elementary school graduation memory for Arikawa with the intent that the recipient would write a letter back.

"I'll definitely respond. I want to write back to the school and get their thoughts," said Moore.

The message is more than just a letter to Moore. When he



*A photo of 6th grade students from Kagoshima, Japan, found in a bottle during a beach cleanup at PMRF.*

found it, it reminded him of home. Though originally from Guyana, South America, he considers Japan home since his wife and son reside there and he's excited to tell

them about what he found. He plans on visiting Kagoshima on his next trip home to visit his family. For more photos of this event, see page 6.



*More than 40 Sailors and PMRF personnel teamed up with 16 students and faculty of Ke Kula Ni`ihau O Kekaha School to pick up trash.*

# Aegis Ashore receives site dedication



*Aunty Aletha Kaohi hands Capt. Nicholas Mongillo, Commanding Officer, Pacific Missile Range Facility, an umeke bowl during a dedication ceremony for the Aegis Ashore Missile Defense Test Complex to be constructed at two sites at PMRF. The umeke held soil from both sites. U.S. Navy photo by MC1 Jay C. Pugh*

## Story by Tom Clements

The Pacific Missile Range Facility (PMRF) conducted a cultural site dedication Sept. 1, for the Aegis Ashore Missile Defense Test Complex (AAMDTC) to be constructed at two loca-

tions on PMRF.

The Hawaiian blessing site dedication was conducted by noted Waimea kupuna Aletha Kaohi, with assistance from Sherri "Puni" Patrick. U.S. Sen. Daniel Inouye, Rear Adm. Joseph A. Horn, Missile Defense Agency's (MDA)

program director for Aegis Ballistic Missile Defense, and other dignitaries were in attendance.

The AAMDTC will be a test and evaluation center in the development of the second phase of the Phased Adaptive Approach (PAA).

The PAA was announced by the president in September 2009 to provide flexible, adaptable ballistic missile defense for our deployed troops, friends, and allies.

The test complex at PMRF is critical to the development of the Aegis Ashore capability. It is essential for verifying requirements and validating design capability prior to deployment at the first of two planned sites in Europe in 2015.

After initial certification, the AAMDTC will remain at PMRF as a Missile Defense Agency test asset and will be operated by the Missile Defense Agency.

Deployment of Aegis Ashore to Europe will greatly enhance coverage of defense of Europe as part of the overall Ballistic Missile Defense System.



*(above) Sen. Daniel Inouye places soil in an umeke bowl during a dedication ceremony for the Aegis Ashore Missile Defense Test Complex. U.S. Navy photo by MC1 Jay C. Pugh.*



*(left) Kaulana Finn performs a hula to 'Nohili E' during a dedication ceremony for the Aegis Ashore Missile Defense Test Complex to be constructed at two sites at PMRF. U.S. Navy photo by MC1 Jay C. Pugh.*

**Aloha!** Welcome to:



*Welcome to Janine Bella Ruiz who arrives from Pacific Region Medical Command, Oahu, and will serve as the Range Business Officer.*



*Welcome to Roland D. Sagum, III who arrives from Kauai and will serve as the Community Planning and Liason Officer.*



*Welcome to ENC Michael Ramsey who arrives from the USS Enterprise (CVN 65) homeported at Norfolk, Va., and will serve as the SEPTAR LCPO.*



*Welcome to MA1 Cole R. Muzzana who arrives from the USS John C. Stennis (CVN 74) homeported at Bremerton, Wash., and will serve in Security.*



*Welcome to ET2 Duane C. Kalie who arrives from the USS Pinckey (DDG 91) homeported at San Diego, Calif., and will serve in SEPTAR.*



*Welcome to CS1 Michael Sanders who arrives from the USS Bonhomme Richard (LHD 6) homeported at San Diego, Calif., and will serve as the Galley LPO.*

# International Coastal Cleanup at PMRF



More than 40 Sailors and PMRF personnel teamed up with 16 students and faculty of Ke Kula Ni`ihau O Kekaha School to pick up trash Sept. 15. The beach cleanup effort was in observance of the Ocean Conservancy's International Coastal Cleanup Day. (above) Sailors and a student from Ke Kula Ni`ihau O Kekaha comb the beach. (below left) AZ2 Devon Brandenburg places trash into a garbage bag with help from students. (below right) PMRF personnel and faculty of Ke Kula Ni`ihau O Kekaha pose for a group shot with more than 400 lbs. of collected garbage. U.S. Navy photos by MC1 Jay C. Pugh.



## Safety Corner



### Lawn mowers: when a chore becomes a mishap

By April Phillips, Naval Safety Center Public Affairs

Every summer, the Naval Safety Center receives mishap reports detailing the aftermath of what should merely be a chore – mowing the lawn. Unfortunately, people who would never set foot on a flight deck without all the proper personal protective equipment forget that mowers are potentially dangerous and should be treated with respect.

For instance, a chief master at arms was mowing his lawn in Norfolk, Va. While pulling the machine backward, he fell and pulled it up on his foot. The mower blades sliced off his big toe, cut two others, and gashed his foot. The chief was wearing flimsy plastic footwear, which provided very little protection against

the spinning blades.

The U.S. Consumer Product Safety Commission reports that 75 deaths and 18,000 hospital-treated injuries occur each year from riding mower accidents and 37,000 hospital-treated injuries result from push mowers.

The Naval Safety Center recommends wearing strong shoes or boots when mowing the lawn – never flip flops or other flimsy shoes. Eye protection is also important, and long pants and sleeves are highly recommended.

Following the instructions in the operating manual and safety messages posted on the mower itself is also important. A Navy civilian, also based in Norfolk, cut off the tips of two fingers, severed muscles and tendons, and broke several bones after reaching into the mower's

clogged chute without releasing the engine cut-off handle. This, in spite of the fact that the mower contained a warning sticker that read, "Do not reach in chute."

Although mowing the lawn is already a chore most people would prefer to complete as quickly as possible, preparation is important. Pick up rocks, sticks, pinecones, and other debris from the yard before you start. Also make sure children know to stay away while you're mowing. Many injuries are caused by debris that strikes an onlooker, rather than the person actually doing the work.

Riding mowers are particularly dangerous. They aren't meant to carry passengers and should not be used for joy rides.



### “Helpful—and a Great Upper-Body Workout”

*Workers sometimes lack the time and energy to fit in an exercise session into their busy schedules. For those who can't hit the gym on the way to work or go for a run at lunchtime, we offer this technique.*

*A variation is to slowly lower your arms, thereby tipping the guy with the drill away from the wall, allowing him to work on his balance skills.*

# Wish you were here - Photos from the Fleet



U.S. Navy Photo by MC2 Gary Granger Jr.

**(Above)** JACKSONVILLE, Fla. (Sept. 11, 2011) Service members, firemen and police officers participate in a ceremony commemorating the 10th anniversary of the Sept. 11, 2001 terrorist attacks before a Jacksonville Jaguars NFL game. **(Below left)** INDIAN OCEAN (Sept. 14, 2011) Aviation Electronics Technician 2nd Class John Keeton, from Forth Worth, Texas, reviews a manual before performing maintenance on an MH-60S Sea Hawk helicopter assigned to the Eightballers of Helicopter Sea Combat Squadron (HSC) 8 aboard the Nimitz-class aircraft carrier USS John C. Stennis (CVN 74). **(Below right)** INDIAN OCEAN (Sept. 11, 2011) The Military Sealift Command fast combat support ship USNS Rainier (T-AOE 7) is underway with the Nimitz-class aircraft carrier USS John C. Stennis during a replenishment at sea.



U.S. Navy photo by MC3 Will Tyndall



U.S. Navy photo by MC3 Kenneth Abbate